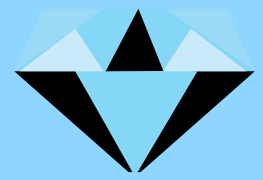


Platinum - \$125



2 x One on One Personal Training sessions

Access to use facility when ever (Platinum and gold members only)

Platinum Access to ALL 9 Group Sessions

Platinum - \$70

1 x One on One Personal Training session

Access to use facility when ever (Platinum and gold members only)

Platinum Access to ALL 9 Group Sessions

Platinum Shared - \$50

1 x Shared Personal Training session

Access to use facility when ever (Platinum and gold members only)

Platinum Access to ALL 9 Group Sessions

Platinum Access to ALL 9 Group Sessions

Mon - 5:30 am / Mon - 6:30 pm (Strength and Conditioning)

Tues - 5:00 am (Boxing) / Tues - 5:30 pm (Strength and Conditioning)

Wed - 6:30 pm (Strength and Core)

Thurs - 6:00 pm (Boxing)

Fri - 5:30 am (HIIT)

Sat - 6:00 am / Sat - 7:30 am (HIIT)